

RECOMMENDED EQUIPMENT & APPAREL



SAFETY & PROTECTIVE EQUIPMENT

<input type="checkbox"/>	Protective jacket or body armour and light enduro jacket
<input type="checkbox"/>	Protective pants
<input type="checkbox"/>	Adventure or offroad boots
<input type="checkbox"/>	Neck brace
<input type="checkbox"/>	Gloves
<input type="checkbox"/>	Helmet
<input type="checkbox"/>	Goggles (if applicable)
<input type="checkbox"/>	Kidney belt
<input type="checkbox"/>	Rain jacket
<input type="checkbox"/>	Rain pants
<input type="checkbox"/>	Buff or scarf
<input type="checkbox"/>	Hat or cap

HYDRATION, ON-THE-GO FOOD & VARIOUS

<input type="checkbox"/>	Day pack
<input type="checkbox"/>	Hydration bag (minimum 2L)
<input type="checkbox"/>	Snacks
<input type="checkbox"/>	Camera
<input type="checkbox"/>	GoPro

THESE ITEMS SHOULD NOT BE MISSING IN YOU TRAVEL BAG

<input type="checkbox"/>	Head lamp
<input type="checkbox"/>	Sun cream
<input type="checkbox"/>	Insect repellent
<input type="checkbox"/>	Quick drying underwear
<input type="checkbox"/>	Foot powder
<input type="checkbox"/>	Deodorant
<input type="checkbox"/>	Compression socks
<input type="checkbox"/>	Medication (if applicable)